## What is Healing Touch?

Healing Touch (HT) is hands-on energy work that enhances one's own ability to heal. HT for babies can accelerate healing of birth complications, enhance the bonding process and optimize growth in premature babies. This workshop teaches the concepts of clearing, aligning, and balancing an infant's energy system through touch.

## Target Audience

This workshop benefits registered nurses, physicians, body therapists, counselors, other health professionals, and individuals desiring an in-depth understanding and practice of healing work using energy based concepts with infants.

## **Objectives**

- To describe the concepts of the human energy field (both adult and neonate)
- To demonstrate the phases of the HT Sequence
- To describe and demonstrate the assessment of the energy field (both adult and neonate)
- To recognize the difference between using these techniques on adults and infants
- To recognize the impact of intentional communication with infants

### Content

- · Centering, grounding and heart centered awareness
- · Exercises to deepen heart/soul alignment
- Neonatal development and consciousness
- Intentional communication with infants
- The basics of the energy systems for both adults and neonates
- Intervention techniques to help with specific physical and developmental problems

# Healing Touch for Babies workshops

Dieppe, NB November 2-3, 2019

To be held at:
Atlantic College of Therapeutic Massage
1040, rue Champlain
Dieppe, N.B.
E1A 8L8

#### To register, contact:

Louise Comeau Breau Cell: 506-871-8053 Louise.Comeau.Breau@gmail.com

Please see website for more information www.HealingTouchforBabies.com

Class Schedule

Saturday and Sunday 9:00 a.m. - 6:00 p.m.

## **Faculty**



Rita Kluny, RN, BSN, MTh, CHTI, HTCP, BC-HN
Rita created Healing Touch for Babies, based on her extensive clinical application of Healing Touch in the Neonatal Intensive Care Unit (NICU). She has been teaching Healing Touch (inter)nationally for 20 years. She consulted for an NIH-funded Healing Touch research project for NICU patients at the University of Arizona Medical Center in Tucson. She is a board certified holistic nurse, and the recipient of the American Holistic Nurse of the Year award. Her goal is to see Healing Touch implemented into all areas of perinatal care as a complementary modality, including it as an integral part of parenting. She has a Master's in Spiritual Healing. She wrote Your Baby Remembers: Parenting with a Deep Heart from the Start. www.healingtouchforbabies.com